

CYNTHIA J. WINFIELD, RN, MSN

#4 Lincolnshire Blvd

Belleville, Illinois 62221

(618) 234-4107

Cynthia@jdigs.com

PROFILE

Goal-directed, results-oriented professional with a strong nursing background and education communicator, persuasive and adaptable. Remain calm and professional throughout critical incidents. Strong analytical skills, capable of assessing conditions and implementing appropriate intervention. Attended Creative Teaching for Nursing Education Conference. Possess special sensitivity to meeting diverse needs in varied situations. Develop rapport with patients, family, staff and physicians. Relate well to people from a variety of cultures.

Credentials

Registered Nurse

Certifications

Basic Life Support

Advanced Cardiac Life Support

Pediatric Advanced Life support

Certified Post Anesthesia Nurse

EDUCATION

MSN, Southern Illinois University at Edwardsville, Edwardsville, Illinois August 2005

BSN, Mount Saint Mary College, Newburgh, New York, May 1992

PROFESSIONAL EXPERIENCE

ASSISTANT PROFESSOR OF NURSING, Southwestern Illinois College (8/06 – present)

- Applies a broad knowledge base of the health care environment, the science and art of nursing, educational theory and models, program/curriculum development

and evaluation, organizational, teams and systems development, planned change, process consultation and research utilization to provide role modeling, leadership and consultation and to promote a positive learning culture and advance professional nursing practice.

ADJUNCT FACULTY, Southwestern Illinois College (5/05 – 5/06)

- Responsible for supervising nursing students in acute-care facility.
- Select appropriate student assignments in clinical settings, conduct pre-clinical and post-clinical student conferences.

ADJUNCT FACULTY, Barnes Jewish College of Nursing (5/06 – 7/07)

- Responsible for clinical teaching with the primary focus on adult health nursing orientating and supervising nursing students in acute-care facility.
- Provide direct clinical supervision of students
- Prepared formative and summative evaluations
- Consistently communicated with lead teacher and updated departmental chair relative to student progress.

STAFF NURSE

Memorial Hospital Post Anesthesia Care Unit, Belleville, Illinois (4/95 – present)

- Plan nursing care aimed at assisting patients with a safe return to consciousness without complications or adverse reaction to drugs or treatments
- Precepted staff nurses in areas of patient care, policies, and procedures with demonstrated leadership skills.
- As a member of the nurse unit practice council, recommended and implemented changes to the PACU unit regarding assignment delegation and prioritization, resulting in a higher standard of patient care and reassessed/revised plan of care as needed.

Memorial Hospital Orthopedic/Neurological Unit, Belleville, Illinois (6/92 – 4/95)

- Provided direct patient care to pre- and post-operative orthopedic patients.
- Safely administered medications, and educate patients and their families on the proper use of braces, prosthetics, and orthopedic equipment with a focus on safety and pain management techniques.
- Collaborated effectively with an interdisciplinary team of medical and health care professionals comprised of a physician, nurse manager, dietician, social worker, case manager, and physical therapist.

- Provide pre- and post operative nursing care for 8-10 adult and geriatric patients with musculoskeletal injuries and conditions including lumbar laminectomies and anterior/posterior cervical discectomies.
- Educate patients and their families on disease processes, medical-surgical procedures and other aspects of therapeutic regimens, including medication and pain management techniques.
- Administer oral and intramuscular and subcutaneous medications.
- Provided direct patient care for patients with complex neurological conditions such as strokes, Parkinson's disease, and diseases or disabilities that affect the musculoskeletal system, such as osteoarthritis, and muscle weakness.
- Floated to telemetry units which specializes in problems with cardiovascular and respiratory systems

EDUCATION

- Masters of Science in Nursing Education awarded 2005, Southern Illinois University, Edwardsville, Illinois
- Bachelors of Science in Nursing awarded 1992, Mount Saint Mary College, Newburgh, New York

PERSONAL DETAILS:

- In my free time I volunteer at my church where I spend time with the older group. I help assisted patients and family members in the education of health care needs.