

Elizabeth K. Raftopoulos
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PROFILE

Strong leadership qualities with a background in Nursing Management. Goal directed, results oriented professional with a focus on strong communication skills. My goal is to continue to develop professionally as an educator. I am frequently seeking opportunities to enhance my teaching experience and provide my students a challenging environment in which they can learn and develop.

EDUCATION

MS, Mental Health Nursing, Southern Illinois University at Edwardsville, Edwardsville Illinois, May 1992

BSN, Northern Illinois University, Dekalb Illinois, May 1982

CERTIFICATIONS

Board Certified as a Clinical Specialist in Child and Adolescent Psychiatric and Mental Health Nursing- ANCC

Basic Life Support

Certified Instructor in Nonviolent Crisis Intervention- Responsible for conducting ongoing training to employees at St. Anthony's Medical Center on how to manage the "Aggressive Client"

Skills Evaluator for CNA - Certified by the Illinois Department of Public Health

CREDENTIALS

Registered Nurse- licensed in both Illinois and Missouri

PROFESSIONAL EXPERIENCE- EDUCATION

Assistant Professor of Nursing, Southwestern Illinois College (8/06-present)

Able to apply a broad knowledge base of the health care environment, the science and art of nursing and provide role modeling to promote positive learning culture in the following classes:

- NE 207- Personal development of communication skills with an emphasis on understanding individuals with difficulty in areas such as self-esteem, cognitive disorders, communication and self-awareness which cause alterations in behavior. (Lecture and clinical). Clinicals for this class were completed at a Psychiatric facility with adolescent, geriatric and chemical dependency components.
- NE 210 and 211- Medical –Surgical Nursing with an emphasis on the Nursing Process and the development of the understanding of such topics as nutrition, elimination, bowel disorders, integumentary disorders, and fluid /electrolyte imbalances. Along with lecture, clinicals for this class were completed in a hospital with a hospice component as well as a home health study.
- Serve as a classroom instructor for Health Related Occupations:HRO 100- Medical Terminology. and Nutrition- HRO 150

Adjunct Faculty, Maryville University (4/05-8/06)

- Responsible for supervising nursing BSN students in an acute psychiatric facility- selected appropriate student assignments in the clinical setting and provided pre-clinical and post-clinical student conferences.

Adjunct Faculty, Jefferson College (1995-2000)

- Responsible for providing direct clinical supervision of students in an ADN program at an acute psychiatric facility. Prepared formative and summative evaluations.

PROFESSIONAL EXPERIENCE-MANAGEMENT AND DIRECT CARE

Management

- PRN House Psychiatric Supervisor-Adolescent , Geriatric, Dual Diagnosis and General Adult Psychiatric Divisions (1993-present) St. Anthony's Medical Center St. Louis, Missouri.
- Evening Supervisor for Psychiatric Services at St. Anthony's Medical Center- Adolescent, Chemical Dependency, Child and Geriatric Programs (1987- 1993)
- Provided extensive health care in-service training to nursing staff under my supervision. Directed orientation for new employees on the 3-11 shift while supervisor
- Assisted in developing and evaluating behavior modification program for the child and adolescent units
- Directed and administrated full and part-time staff and was the main source for trouble shooting among nursing professionals during assigned shift when supervising
- Provided in-service training on Suicide Assessment and Treatment Planning in August of 2006 at St. Anthony's Medical Center
- July-2007 Workshop on Normal Adolescent Development for Counseling and Social work Departments at St. Anthony's Medical Center

Mental Health Professional

- PRN Float nurse on Adolescent, Geriatric and General Psychiatric Adult Division(2006-present) St. Anthony's Medical Center, St. Louis, Missouri
- Charge Nurse for 20 bed psychiatric unit with direct supervision of all programming on the unit (1993-2006) and (1986-1987).St Anthony's Medical

Center, St. Louis, Missouri: Provided group therapy and educational lectures to clients. Dispensed medications as ordered and provided medication education to clients and their families. Coordinated discharge and admission process with physician, social workers and clients. Experience working with clients of all ages and specialties within the psychiatric spectrum.

- Staff Nurse- General psychiatric floor, Belleville Memorial Hospital, Belleville, Illinois (1982-1986)