

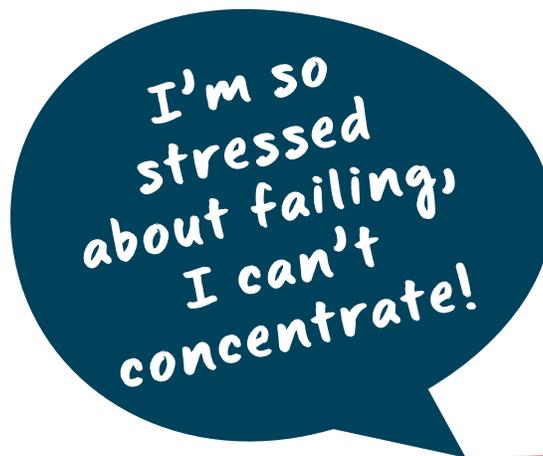
THE SUCCESS CENTER ANNOUNCES REBOOT

A program to help students find balance and succeed.

Do you struggle with:

- Test anxiety
- Procrastination
- Motivation
- Balancing life and college demands

It's time to learn better ways to cope with the stress of balancing school and life.



←
Is it hard to ask for help?

Does your inner critic have too much control?



ASK THE SUCCESS CENTER ABOUT

REBOOT

Find Balance and Succeed

STUDENTS, SIMPLY WALK IN TO ANY SUCCESS CENTER TO REQUEST A FREE REBOOT SESSION!



BELLEVILLE CAMPUS
LAC Room 1307
618-235-2700, ext. 5495

SAM WOLF GRANITE CITY CAMPUS
Room 403
618-931-0600, ext. 7307

RED BUD CAMPUS
Room 124
618-282-6682, ext. 8138