

SUCCESS CENTER PRESENTS

Success Coaching Workshops



**Every Odd Week
Friday**



Success Center

Belleville Campus
LA 1313



1:00 PM

WEEK 3 (1/31)

Foundation Scholarship
Writing Workshop

WEEK 5 (2/14)

Discover tips and tricks to help
you remember what you read and
make learning more enjoyable

WEEK 7 (2/28)

Mid-Term Study Strategies

WEEK 9 (3/21)

Wheel of Life- Discover what
cups in your life need to be
filled

WEEK 11 (4/4)

Clifton Strengths- Take the
assessment to understand how
you can use what you are good at
to succeed in college

WEEK 13 (4/18)

COLLEGE CLOSED ON FRIDAY
Drop in throughout the week to
create a finals week study plan
schedule

WEEK 15 (5/2)

Mindfulness Workshop- Help
ease the negative effects of
final week stress